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Forma V/VTone/Morpheus8V Post-Treatment Instructions

What You Should Expect From The Treatment Area.

Expect mild inflammation, tenderness, vaginal spotting, redness, and swelling for a few hours up to a few days (depending on the treatment done). Bruising (if it occurs) may last up to 1 week.

Some patients may experience cramping the night of and possibly the morning after. Some experience a feeling of “heaviness” in the treated area and you may experience a small amount of blood in urine for a few days. Expect urgency to urinate for 24-48 hrs.

Post Procedure Instructions

For Morpheus8V ONLY: We will apply a CO2 Lift V for rejuvenation and expedited healing. Leave on overnight and wash with cool water in the morning.

Restrictions: You can return to work and normal daily activities the day the procedure, but we ask that patients wait 5 days after treatment to resume sexual activity or use tampons. There are no restrictions on showering, but please avoid bathtubs, pools, lakes, or hot tubs for 3 days. NO HOT showers.

When using the restroom, fragrance free wipes are less irritating than toilet paper. Be sure to blot the area DO NOT WIPE.

Pain and Discomfort: You may take NSAID’s like Ibuprofen for post discomfort as needed. You can also apply a cold washcloth to the area as needed.

FOR MORPHEUS 8V ONLY: Dr Praderio will ask that you apply a thin layer of Aquaphor on external labia for 24 hrs. Avoid shaving for 1 week after Morpheus8V.

Precautionary: Dr Praderio will ask that you take two Macrobid antibiotics pills, one the night of the procedure and the other the following morning to prevent a UTI. Please drink plenty of water the day of your procedure.

Adverse effects: Adverse effects are very rare. Contact our office with any heavy bleeding, fever, extreme itching, or drainage from the treatment area.